



# QUICK REFERENCE GUIDE FOR STUDENTS/PARENTS

**IMPORTANT: EACH POSITIVE COVID-19 CASE IS UNIQUE DUE TO MANY VARIABLES. RECOMMENDATIONS MAY DIFFER FROM CASE-TO-CASE BECAUSE OF THIS. WE CONSULT WITH THE SNHD AND THEY PROVIDE GUIDANCE, WHICH TAKES THE UTMOST PRECEDENCE.**

## IF YOU TEST POSITIVE FOR COVID-19...

- Isolate from the rest of household as best as possible & quarantine immediately for 10 days from the first day of symptoms; continue to monitor symptoms.
- Inform the school immediately. Provide test results to campus. If results were from a home/rapid test, schedule a PCR test because PCR is more accurate & valid than an antigen test.
- Individual can return to school when quarantine ends but must be symptom-free. Upon returning from quarantine, the individual must still monitor symptoms.
- Per SNHD, breakthrough cases for vaccinated individuals are possible. Please make sure results are from a PCR test. Antigen tests can read the number of antibodies in a vaccinated person and produce a positive test, which may result in a false positive.

## SCHOOL PROTOCOL AFTER BEING INFORMED OF A POSITIVE TEST

- Campus leadership conducts contact tracing to learn the variables of the case. They then contact the SNHD and consult with them to determine who to quarantine and for how long they need to quarantine. Ultimately, the SNHD makes recommendations based on what is most safe for everyone involved.
- Variables include (but are not limited to):** when was the onset of first symptoms, last date on campus, test date, type of test taken, are siblings involved, can one isolate from the rest of the household, the number of close contacts, proper mask usage, social distancing, vaccination status, person's role on campus, etc.
- Quarantine Options:** a) just the positive person; b) the positive person and identified close contacts (people within 6ft for a cumulative total of 15 minutes in a 24-hour span); c) the entire class; or d) the entire school. This decision is based on variables of each case & the recommendation of the SNHD.
- The school formally reports identified close contacts to the SNHD. The school notifies the families of those identified as close contacts and the length of quarantine. The school will communicate what the students' learning be during quarantine. The SNHD will follow up with close contact families as needed.

## CLOSE CONTACTS OF A POSITIVE COVID-19 CASE

- The school will inform students identified as close contacts and their families regarding quarantine directions if the close exposure occurred at school. CASLV is prohibited by federal law from revealing the identity of the positive individual. Close contacts must monitor symptoms during quarantine.
- If the close exposure is from an **off-campus case**, please inform the school immediately and the student should begin a quarantine for 10 days from the first day of exposure. Close contacts must monitor symptoms during quarantine.
- Close exposure is being within **6 feet for a cumulative total of 15 minutes in a 24-hour span**. Any exposure that does not meet those requirements is considered a basic exposure (i.e., giving a hug, grocery shopping, etc.) and does not require quarantine. A **contact of a close contact** is not considered a close contact and doesn't need to quarantine, because there was no direct close exposure to the positive person.
- If a close contact student cannot isolate from a positive household member during their 10-day quarantine, the close contact student will need to do an **extended quarantine** of 10 days. This extension starts once the positive household member's quarantine ends (which is not affected). The best example of this type of case is when one sibling is positive and other siblings are close contacts. Isolation is critical for mitigation in these cases. A person should isolate in the house away from other household members once he/she gets major symptoms and are awaiting a test result – do not go to school.
- A quarantined close contact may return to school after the 10-day quarantine ends but they **must be symptom-free**.
- If you are quarantined and plan to get a COVID-19 test, **please take a PCR test on the 5<sup>th</sup> day of quarantine**. This gives enough time to truly indicate a positive or negative test. A negative test could shorten quarantine by 3 days **depending on the case**.
- Exempt close contacts are: 1) vaccinated individuals; 2) those who have recovered from Covid-19 in the last 90 days; 3) students who were socially distanced and had correct mask usage. Exempt close contacts **may or may not** need to quarantine – depending on the case and guidance from the SNHD.

## IMPORTANT LIFESTYLE TIPS

### STAY HOME IF YOU ARE SICK

ESPECIALLY IF YOU HAVE ANY COVID-19 RELATED SYMPTOMS. PLEASE WAIT TO BE SYMPTOM-FREE FOR AT LEAST 24 HOURS TO RETURN TO CAMPUS JUST TO BE SURE.

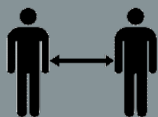


### WEAR FACE COVERINGS

WEAR FACE COVERINGS WHILE AT SCHOOL AND IN ALL INDOOR SPACES

### EAT & SLEEP

GET A GOOD NIGHT'S REST EACH NIGHT. CONTINUE TO EAT 3 HEALTHY MEALS EACH DAY



### SOCIAL DISTANCING

MAINTAIN AT LEAST 6 FT OF DISTANCE WHILE OUTSIDE OF THE HOUSE.

### WASH & SANITIZE

CONTINUE TO WASH AND SANITIZE YOUR HANDS AND SURFACES.



### AVOID UNNECESSARY TOUCHING

TRY NOT TO TOUCH YOUR EYES, NOSE, MOUTH, RANDOM OBJECTS, AND OTHERS

### BE A TEAM PLAYER

BE MINDFUL OF WHO YOU HAVE BEEN EXPOSED TO & COMMUNICATE TO OTHERS AS NEEDED IF YOU ARE IDENTIFIED AS A CLOSE CONTACT OR IF YOU TEST POSITIVE FOR COVID-19



## VACCINES

THE CDC & SNHD ENCOURAGE ALL ELIGIBLE INDIVIDUALS TO GET VACCINATED. FOR THE SAFETY OF OUR CAMPUSES, WE HAVE MANDATED THAT OUR STAFF BE FULLY VACCINATED OR GET TESTED WEEKLY. ANY VOLUNTEERS MUST BE FULLY VACCINATED

## BEING SICK WHILE ON CAMPUS

IF ANY STUDENT IS EXPERIENCING SYMPTOMS ON CAMPUS, THE FAMILY WILL BE CONTACTED TO TAKE THE CHILD HOME. THEY SHOULD RETURN WHEN SYMPTOM-FREE. IN SOME CASES, WE WILL REQUIRE A DOCTOR'S VISIT BEFORE RETURNING TO SCHOOL.

## SYMPTOMS TO LOOK OUT FOR

FEVER OR CHILLS, NEW OR WORSENING COUGH, SHORTNESS OF BREATH, NEW LOSS OF TASTE OR SMELL, NEW OR WORSENING HEADACHE, NEW OR WORSENING MUSCLE OR BODY ACHES, NEW NASAL CONGESTION/RUNNY NOSE, EXCESSIVE TIREDNESS, EXCESSIVE LOSS OF APPETITE, ABDOMINAL PAIN, VOMITING OR DIARRHEA

## FOR MORE INFORMATION

THANK YOU FOR HELPING OUR CAMPUSES STAY SAFE AND HEALTHY. IF YOU HAVE ANY QUESTIONS, PLEASE EMAIL: [INFO@CORALACADEMYLV.ORG](mailto:INFO@CORALACADEMYLV.ORG)

FOR MORE INFORMATION REGARDING SAFE PRACTICES AND MITIGATION MEASURES, PLEASE VISIT THE WEBSITES OF THE CENTER FOR DISEASE CONTROL, SOUTHERN NEVADA HEALTH DISTRICT, AND DEPARTMENT OF HEALTH AND HUMAN SERVICES.